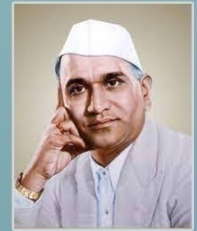




Mahatma Gandhi Vidyamandir's
Karmaveer Bhausahab Hiray Dental College & Hospital
Panchavati Nashik, 422003



SELF STUDY REPORT CYCLE - 1



Criterion 3- Research, Innovations and Extension

Key Indicator 3.4 - Extension Activities

- 3.4.1** Total number of extension and outreach activities carried out in collaboration with National and International agencies, Industry, the community, Government and Non-Government organized bodies through NSS/NCC during the last five years.
- Q_nM**



Mahatma Gandhi Vidyamandir's
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Panchavati, Nashik-422003

3.4.1 and 3.4.2 List of extension and outreach activities year wise for last 5 years

2018-23

INDEX

Sr.No.	Particular/Document Name
	2022-23
1.	Generating awareness about avulsion of teeth on 05/08/22
2.	Har Ghar Tiranga Rally-Azadi Ka Amrut Mahotsav on 13/08/22
3.	SwachhtaPandharwada- Cleanliness drive on 13/08/22
4.	Lecture on Role Of Fluoride to reduce tooth decay in kids on 23/08/22
5.	Lecture on Awareness About Eating Junk Food And Its Effect In Oral Health on 29/08/22
6.	SwatantrataSangram Me JanjatiNayaki ka Yogdan -Kranti day on 16/09/22
7.	Oral hygiene maintenance for patients using prosthesis on 10/10/22
8.	Oral Health Care Delivery for Shilapur residents on 12/10/22
9.	Lecture on Awareness About Tooth Paste Vs Tooth Powder on 14/10/22
10.	Plastic Waste Collection -Swachh Bharat Abhiyan at Ganeshwadi on 18/10/22
11.	Demonstration Of Tooth Brushing Techniques on 28/10/22
12.	Brush well! Tooth Brushing Day – Lecture on 07/11/22
13.	How to choose best braces? On 09/11/22
14.	Lecture on painless dentistry on 22/11/22
15.	Awareness session for Atraumatic Restorative Treatment on 28/11/22
16.	Treatment Options For Carious Teeth on 30/11/22
17.	Role of good bone in choice of right prosthesis on 05/12/22
18.	Awareness About TMJ Disorders on 09/12/22
19.	Provision of oral health care for Pawannagar on 13/12/22
20.	Ease of living Index Survey 2022 on 14/12/22

21.	Bal DantTapasni -Janjagruti at Satana Divine English medium School on 24/12/22
22.	Oral health concerns and resolutions- VinchurGawali Nashik on 26/12/22
23.	Give what you can!Gangaghat- Food donation drive on 29/12/22
24.	Importance Of Diet And Nutrition In Oral Health on 03/01/23
25.	Oral Health Education for Tooth brushes during orthodontic treatment on 06/01/23
26.	Internet and Youth-Debate Competition on National Youth Day on 12/01/23
27.	SwasthBalakSpardha for School Children-Camp on 12/01/23
28.	DantChikitsa for employees at Maharashtra University Of Health Sciences ,Dindori Nashik on 17/01/23
29.	M.U.H.S SPECIAL COVER & LOGO DESIGNING COMPETITION on 21/01/23 and 22/01/23
30.	MaharogyaShibirArthkumbhGodriJamner Jalgaon Nashik.-Residential Camp on 25/01/23 to 30/01/23
31.	Lecture on Causes of tooth pain on 01/02/23
32. 1	World Cancer Day 2023 Rally on 04/02/24
33.	WORLD CANCER DAY POSTER DRAWING COMPETITION on 04/02/23
34.	Screening and awareness talk-Pit And Fissure Sealants And Application on 07/02/23
35.	Session for awareness about dental anomalies in children on 09/02/23
36.	Metal and ceramic prosthesis post RCT on 13/02/23
37.	Rally on Organ Donation at Civil Hospital on 19/02/23
38.	Session on Role Of Sugar In Caries Development on 21/02/23
39.	Maharaktdaanshibir-Blood Donation Drive on 24/02/23
40.	Dental service delivery for Juveniles at Central Jail ,Nashik on 28/02/23
41.	Explanation of Mouth wash Regimen on 02/03/23
42.	Breast cancer Awareness Rally – International Women’s day on 08/03/23
43.	Health Education on Pain management during orthodontic treatment on 10/03/23
44.	Lifestyle worth adopting! Lecture on World obesity Day.-Lecture on 05/03/23
45.	Management of tooth decay 20/03/23
46.	World Tuberculosis Day 2023 Rally on 24/03/23
47.	Dantchikitsa for villagers of Odha,Nashik on 27/03/23
48.	Oral Health Screening for school students at CIDCO on 31/03/23
49.	Health talk-Awareness about Primary Teeth care on 5/4/23
50.	WHO Day Rally CBS Shalimar Ashoktambh , CBS on 07/04/23
51.	Lecture on Awareness About Diabetes & Oral Health on 10/04/23

52. Health talk on Role of mouth cleaning in removal of bad odour on 12/04/23
53. Awareness About Dental Anomalies in Children on 18/04/23
54. Oral Health Screening and Treatment for laborers at construction site near Metro Mall-
Camp on 03/05/23
55. Lecture on Management of Dental Caries in children on 05/05/23
56. Oral Health Promotion Camp On Flossing Techniques on 10/05/23
57. Dental Checkup and treatment At Manapa Ground on 12/05/23
58. Health education on Ulcer management while on braces treatment on 16/05/23
59. Essay writing competition on Anti Terrorism Day 21/05/23
60. No Tobacco Day Rally 2023 on 31/05/23
61. World Environment Day on 05/06/23
62. Management of tooth ache-Lecture on 08/06/23
63. Interactive approach to wellness silver jubilee Student Welfare-Maharashtra University
of Health Sciences-Rally on 09/06/23
64. FELICITATION CEREMONY -BEST NSS VOLUNTEER AWARD 2023 AT MAHARASHTRA
LEVEL on 09/06/23
65. MUHS Foundation Day- MUHS Flag Hoisting on 10/06/23
66. Global Oral Health-CDE on 14/06/23
67. Blood Donor's Day Blood Donation Drive on 14/06/23
68. 'REEL AND MEME COMPETITION'- NATIONAL PUBLIC HEALTH DENTISTRY DAY on
19/06/23
69. NashaMukti Abhiyan- DRUG FREE INDIA 11/07/23 to 12/07/23
70. Oral health checkup cum awareness for LVH college students on 17/07/23
71. DantchikitsaSeva for Devotees at Swaminarayan Mandir Day 1 on 20/07/23
72. DantchikitsaSeva for Devotees at Swaminarayan Mandir Day 2 on 21/07/23
73. Healthy teeth, bright smiles for Orphans at Bal Yashu Bhavan orphanage on 22/07/23

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74. Poshanpandharwada- Food packet distribution on 01/08/21
75. Free Dental Checkup And Hand Scaling program on 02/08/21 to 07/08/21
76. Oral Hygiene Awareness program on the occasion of Oral hygiene day on 05/08/21
77. SwachhtaPandharwada at Godavari Ghat.- Cleanliness drive on 18/08/21
78. Catch The Rain-Discussion Water harvestation methods- Lecture on 26/08/21

79.	Awareness About Mouthwashes on 06/09/21
80.	Teeth replacement in diabetic patients on 08/09/21
81.	Recitation of Hindi Day on 14/09/21
82.	Awareness about importance of waste management on 15/09/21
83.	Myths about braces treatment on 22/09/21
84.	National Service Scheme Day on 24/09/21
85.	Talk over Discoloration of teeth on 05/10/21
86.	Tobacco Cessation Drive at AyodhyaNagari on 09/10/21
87.	Importance Of Preventive Dental Treatment on 18/10/21
88.	Awareness About Systemic And Topical Flouride on 21/10/21
89.	Nutrition and oral health amongst old age on 22/11/21
90.	lecture onAwareness About Oral Deleterious Habits on 23/11/21
91.	Know Your Fundamental Rights-Indian Constitution Day on 26/11/21
92.	E-poster competition on Donate Organs,Save Lives on 27/11/21
93.	Dental flossing- Lecture on 29/11/21
94.	Stay aware and protected-WORLD AIDS DAY on 01/12/21
95.	Anti HIV and tobacco cessation awareness for ASHA workers on 12/02/21
96.	Talk on When to get braces?on 06/12/21
97.	Instructions to follow post root canal therapy on 08/12/21
98.	Awareness session on Preventive Dental Treatment on 14/12/21
99.	Importance Of Tongue Cleaning on 16/12/21
100.	Mobile Dental Care for residents of ShivpuriChowk, Uttamnagar, CIDCO- Checkup Camp on 19/12/21
101.	Types of prosthesis after root canal treatment- Lecture on 22/12/21
102.	Demonstration Of Portable Suitcase Units on 27/12/21
103.	Bal MaukhikSwasthyaTapasni -Jan jagruti on 29/12/21
104.	Screening of Oral Health for Residents of Sinhastanagar CIDCO on 01/01/22
105.	Lecture on Awareness About Dental Emergencies In Children on 05/01/22
106.	Plaque And Its Effect On Periodontal Tissues And Its Management- Lecture on 07/01/22
107.	Lecture on National youth Day on 12/01/22
108.	Lecture on Myths regarding dentistry on 18/01/22
109.	Webinar on National Girl Child Day on 24/01/22

110.	Voter Id Campaign on National Voters Day on 25/01/22
111.	Republic Day "Har Department Tiranga-Har Ghar Tiranga' on 26/01/22
112.	Maintaining Good Oral Hygiene in kids- Lecture on 02/02/22
113.	Awareness About Different Types Of Tooth Brushes on 24/02/22
114.	Types of dentures for missing teeth-Lecture on 07/02/22
115.	Screening of Oral Health for Prisoners at Central Jail on 10/02/22
116.	OralHygeine Awareness at Madsangvi on 28/02/22
117.	Importance Of Oral Hygiene –Lecture on 03/03/22
118.	Lets Plog-Plogging Drive At Golf Club on 06/03/22
119.	Oral Health for All at Central Jail,Nashik Road on 09/03/22
120.	Y-Break-Yoga event on 12/03/22
121.	"ShramSeva Shibir" at Jategaon on 15/03/22
122.	Role of sugar in dental caries- Lecture on 22/03/22
123.	Which is the best age to get braces? –Lecture on 25/03/22
124.	World Health Day - Heal and treat teeth Legal way! On 07/04/22
125.	Dental Hygeine Awaresens for ZillaParishad School
126.	Highlights of Indian Constitution-lecture on 13/04/22
127.	Oral Health Screening camp for Siddharthnagar Residents on 16/04/22
128.	Oral Health Checkup for Devotee Visitors at Sai Baba Mandir, Satana on 30/04/22
129.	Vruksharopan- Tree Plantation Program on 10/05/22
130.	Importance Of Regular Dental Checkups in children on 27/05/22
131.	Say No to tobacco - No tobacco day! On 31/05/22
132.	Slogan Competition on the Occasion of Shiv Swarajya Din on 06/06/22
133.	Jog and track! -Checkup Camp on 10/06/22
134.	Oral Health Screening and Treatment Camp at old Pawannagar on 11/06/22
135.	INTERNATIONAL YOGA DAY! On 21/06/22
136.	Cyber Crime Awareness. Internet - Shaap Ki Vardaan! On 22/06/22
137.	Poetry Writing on AZADI KA AMRUT MOHOTSAV on 22/06/22
138.	Denture cleaning methods- Lecture on 23/06/22
139.	Dental Health Checkup at SantKabir Nagar on 06/07/22
140.	Good food for good teeth! On 14/7/22
141.	Savitri Abhiyan – menstrual hygiene tips for higher secondary college girls on 14/7/22

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142.	World Organ Donation Day. (Zoom Online) on 13/8/20
143.	Fit India Movement and Fit India Run movement on 9/9/20 to 25/9/20
144.	Food to fight COVID -19 on 16/9/20
145.	E-poster Campaign on My family my responsibility. On 27/9/20
146.	Lecture on Gandhi Jayanti-Adoption of Gandhian philosophy in our day today lives on 2/10/20
147.	Use mask –protect yourself from COVID 19 on 13/10 /20
148.	Protection against COVID 19 wave-2 on 18/11/20
149.	World AIDS Day Awareness via Digital Media on 1/12/20
150.	Fit India IndiaCyclothon on 7/12/20 to 31/12/20
151.	Oral health screening camp at Satpur. On 13/12/20
152.	IMPORTANCE AND FACTS ABOUT BLOOD DONATION. (ONLINE) on 29/12/20
153.	Seminar National Youth Day. On 12/1/21
154.	Road Safety and Awareness on 13/1/21
155.	Celebration of Netaji Subhash Chandra Bose Jayanti on 23/1/21
156.	Kite flying and making workshop on occasion of Makarsankranti celebration on 23/1/21
157.	Roleplay World Cancer Day on 4/2/21
158.	World Cancer Day -Oral health screening camp and oral cancer awareness at Hirawadinashik on 4/2/21
159.	Oral Health Education for Bharat Gas employees on 5/2/21
160.	Celebration of National Dentist Day on 5/3/21
161.	World Oral Health Day on 20/3/21
162.	Essay and Drawing Competition Azadi ka Amrut Mahotsav 5/4/21
163.	World Health Day Programme on 7/4/21
164.	Go Corono, Vaccine Lo Na on 11/4/21
165.	INFORMATION REGARDING COVID PREVENTION PROTOCOL on 11/4/21 to 13/4/21
166.	World Earth Day - Environment Protection activities discussion on 22/4/21
167.	Lecture on 'Do your bit against COVID 19' on 24/4/21
168.	Health awareness campaign- Lecture series on 27/4/21 to 27/5/21
169.	Know your bones!-Lecture on 27/4/21
170.	General aspects of muscular system –Lecture on 28/4/21
171.	Introduction to pathology & it's clinical aspects –Lecture on 29/4/21


172.	Common dental anomalies of teeth-Lecture on 30/4/21
173.	Lecture on Blood groups and blood donation on 1/5/21
174.	Covid 19 do's and Don'ts on 2/5/21
175.	HIV & AIDS on 3/5/21
176.	Know your oral cavity –Lecture on 4/5/21
177.	Oral hygiene and its importance –Lecture 5/5/21
178.	Cardiopulmonary resuscitation –Lecture on 6/5/21
179.	Wasting diseases - regressive alterations –Lecture on 7/5/21
180.	Tobacco and ill effects of tobacco –Lecture on 8/5/21
181.	Myths and facts related to lesions in oral cavity on 9/5/21
182.	Self examination of oral cavity for potentially malignant diseases on 10/5/21
183.	Say no to tobacco -know to how? On 31/5/21
184.	Oral health care in children –Lecture on 12/5/21
185.	Common dental diseases in children and their treatment –Lecture on 13/5/21
186.	Benefits of having straight teeth –Lecture on 14/5/21
187.	Orthodontics - Various treatment options –Lecture on 15/5/21
188.	Basics on restoration of decayed teeth –Lecture on 16/5/21
189.	Introduction to root canal –Lecture on 17/5/21
190.	Know about your wisdom teeth –Lecture on 18/5/21
191.	Do's and Don'ts post extraction of tooth –Lecture on 19/5/21
192.	Consequences of teeth loss –Lecture on 20/5/21
193.	Maintenance of prosthesis –Lecture on 21/5/21
194.	General awareness about surgical problems on 22/5/21
195.	Nutrition and Health –Lecture on 24/5/21
196.	World No Tobacco Day - Anti tobacco awareness on 31/5/21
197.	International Yoga Day on 21/6/21
198.	National Doctor's Day on 1/7/21
199.	Vruksharopan on 3/7/21
200.	Oral health checkup and treatment program on 14/7/21 to 17/7/21
201.	E-Poster Competition National Department of Public Health Dentistry Day on 19/7/21
202.	E-Poster competition on Oral Hygiene Day on 31/7/21

2019-20	
203.	Session for importance of treatment of braces – Lecture on 12/8/19
204.	Lecture on Awareness of post-operative instructions on 15/8/19
205.	Awareness about benefits of root canal therapy on 20/8/19
206.	DantArogyaTapasnivaUpacharShibir (Day 1) on 26/8/19
207.	DantArogyaTapasnivaUpacharShibir (Day 2) on 27/8/19
208.	DantArogyaTapasnivaUpacharShibir (Day 3) on 28/8/19
209.	DantArogyaTapasnivaUpacharShibir (Day 4) on 29/8/19
210.	Organ Donation Rally And Essay, Debate & Drawing Competition 4/9/19
211.	Pedodontics Brushing Technique – Lecture on 9/9/19
212.	Early detection of oral cancer – lecture on 12/9/19
213.	Oral Health Among Senior Citizen – lecture on 19/9/19
214.	Eat Well Brush Well.-Lecture on 26/09/19
215.	Demonstration of Brushing Techniques for High School Students on 27/9/19
216.	Early Detection Of Oral Cancer – Lecture on 3/10/19
217.	How To Keep Your Teeth Healthy.- Lecture on 3/10/19
218.	Awareness on Oral Changes During Puberty –Lecture on 7/10/19
219.	WALKATHON on World Mental Health Day on 10/10/19
220.	Dental trauma management –Lecture on 15/10/19
221.	Importance of interdental aids for orthodontic treatment – Lecture on 18/10/19
222.	Swachhbharatabhiyan on 23/10/19
223.	Awareness session regarding choice of RCT over tooth removal on 4/11/19
224.	Dental Caries Check up at Panchavati Police Station on 6/11/19
225.	Awareness About Eating Junk Food And Its Effect In Oral Health on 7/11/19
226.	Oral Health Screening And Treatment Camp for M.U.H.S Employees on 19/11/19
227.	Oral Health Status Awareness For Juveniles at AbhinavAdarshVidyalay on 23/11/19
228.	WORLD AIDS DAY Awareness for Uttam Nagar Residents on 2/12/19
229.	Oral health awareness skit on 3/12/19
230.	Awareness About Role OfDentrifices on 9/12/19
231.	Kids dental check up on 12/12/19
232.	Women Safety Awareness – Say No To Violence Against Women on 16/12/19
233.	Diet in old age –Lecture on 23/12/19

234.	Screen and Treat For Pharma Students on 6/1/20
235.	Health education on Role of Oral hygiene in orthodontic treatment – Lecture on 9/1/20
236.	Rally for Organ Donation & Road Safety on 17/1/20
237.	Awareness About Swelling Of Gingiva on 23/1/20
238.	Oral Health Care Service Delivery For Devotee Visitors. (Day 1) on 24/1/20
239.	Oral Health Care Service Delivery For Devotee Visitors. (Day 2) on 25/1/20
240.	Oral Health Care Service Delivery For Devotee Visitors. (Day 3) on 26/1/20
241.	Oral Health Way to Fitness (Day 1) on 29/1/20
242.	Oral Health Way to Fitness (Day 2) on 30/1/20
243.	Oral Health Way to Fitness (Day 3) on 31/1/20
244.	Oral Health Way to Fitness (Day 4) on 1/2/20
245.	Oral Health Service Delivery cum Land related Law Awareness for Local Residents of Trimbakeshwar Village on 2/2/20
246.	MPA field trip on 3/2/20
247.	Oral Health Related Awareness For Primary School Children Day -1 on 11/2/20
248.	Oral Health Related Awareness For Primary School Children Day -2 on 13/2/20
249.	Mobile Dental Care For Surgana Residents on 16/2/20
250.	Oral Health Screening Camp at Aai Pratishtan on 7/3/20
251.	Oral screening camp 12/5/20
252.	E-Poster Competition for World No Tobacco Day 31/5/20
253.	National Doctor's Day-Check up camp 1/7/20
254.	oral hygiene education in adults on 28/7/20
2018-19	
255.	Oral Health Screening And Treatment Camp on 31/7/18 and 1/8/18
256.	Plaque And Its Effect On Periodontal Tissues And Its Management –Lecture on 7/8/18
257.	Oral Health Talk for School Children on 10/8/18
258.	Correcting malocclusion in children – Lecture on 13/8/18
259.	Tips for Oral Health Maintenance for Youth.- Lecture on 23/8/18
260.	Oral Health and Tobacco Cessation Awareness for High School Students on 25/8/18
261.	Lecture on parts of tooth on 3/9/18
262.	Awareness Session children's Oral Health on 5/9/18
263.	Oral Health Education Camp at Peth Village 8/9/18

264.	DantTapasniShibirDindori on 27/9/18
265.	Awareness About Snacking Between Meals on 3/10/18
266.	Importance Of Missing Teeth And Replacement Of Missing Teeth -Lecture on 5/10/18
267.	Oral Health Awareness for Arts, Science and Commerce College Students 19/10/18
268.	Awareness About Oral Hygiene Measures on 6/11/18
269.	CDE on Effects of Tobacco on taste sensation on 8/11/18
270.	Dental Caries Prevalence in School Students on 9/11/18
271.	Oral health education for school kids on 14/11/18
272.	MahaAarogya Shibir, Nashik on 25/11/18
273.	Oral Health Status Examination at Barhe Village (Day 1) on 26/11/18
274.	Oral Health Status Examination at Barhe Village (Day 2) on 27/11/18
275.	Oral Health Status Examination at Barhe Village (Day 3)on 28/11/18
276.	Dental Caries Checkup for Gandole Residents (Day 1) 29/11/18
277.	Dental Caries Checkup for Gandole Residents (Day 2) on 30/11/18
278.	Dental Caries Checkup for Gandole Residents (Day 3) on 1/12/18
279.	Rally for Observation of World AIDS Day on 1/12/18
280.	Dental Screening Camp for Nanduri Residents on 2/12/18
281.	Oral Health Status Awareness Campaign for travellers at Nimani Bus Stop on 4/12/18
282.	Oral Health and Hygiene Awareness Campaign for Residents of Satpur Colony on 5/12/18
283.	Tobacco Cessation Awareness Campaign for Prisoners at Central Jail, Nashik on 6/12/18
284.	Lecture on topic 5 Golden Rules for High school Students on 7/12/18
285.	Dental Caries Examination for Malegaon Residents on 9/12/18
286.	Track Your Dental Health for Free! - Checkup Camp on 12/12/18
287.	Lets screen and Treat at ChikadiDindori on 16/12/18
288.	Awareness regarding sequence of tooth eruption on 18/12/18
289.	Signs of tooth decay- Lecture on 27/12/18
290.	Screen The Decayed Teeth! at Pharmacy college JateGaonIgatpuri Nashik. -Checkup Camp on 11/1/19
291.	Healthy teeth and gum campaign for graduate students on 16/1/19
292.	Oral Health Care for Prisoners at Central Jail Nashik-Reach the unreachable. Day 1 - Checkup Camp on 18/1/19
293.	Oral Health Care for Prisoners at Central Jail Nashik-Reach the unreachable.Day 2-

	Checkup Camp on 19/1/19
294.	Brushing Techniques in kids and adults – Lecture on 22/1/19
295.	Oral Hygiene Awareness Campaign for School Students at Ambad Nashik (Day 1) on 6/2/19
296.	Oral Hygiene Awareness Campaign at Ambad Nashik (Day 2) on 7/2/19
297.	Dental Caries Checkup for School Students at KBH Vidyalay Pawan Nagar Cidco Nashik (Day 1) on 11/2/19
298.	Dental Caries Checkup for School Children at KBH Vidyalay Pawan Nagar Cidco Nashik (Day 2) on 12/2/19
299.	Lets Scale on National Dentist day - Checkup Camp on 6/3/19
300.	Oral diagnostic camp for geriatric patients on 7/3/19
301.	Awareness About Interdental Aids on 12/3/19
302.	Lecture on Awareness about Tooth Brushing techniques on 18/3/19
303.	Say AHHHHHH! Act on mouth health - Checkup Camp on World Oral Health Day on 23/3/19
304.	Walk for health cum teeth checkup on 2/4/19
305.	Let us broom and roam- cleanliness drive on 22/4/19
306.	DantUpcharVaTapasniShibir on 12/5/19
307.	World No Tobacco Day Rally on 31/5/19
308.	Dental Caries Checkup at Panchavati Police Station on 11/6/19
309.	Oral Health Awareness for Mhasrul Police Station Nashik on 12/6/19
310.	Oral Health Instructions For Traffic Police Personnel at Adgaon Naka Panchavati on 13/6/19
311.	MaukhikDantArogyaTapasni –Janjagruti Shibir On 16/6/19
312.	Oral cavity status for School Students. (Day-1 check up camp) on 17/6/19
313.	Oral cavity status for School Students.(Day-2 check up camp) on 18/6/19
314.	Pledge Taking-No Tobacco Day! on 11/6/19


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